



## LUNCH MENU

802 422-9496

### FIRST TRACKS

### SLOPESIDE HOMEMADE SOUPS & SALADS

FRENCH FRIES	4	FRENCH ONION SOUP	7
SWEET POTATO FRIES	4 <sup>50</sup>	SOUP OF THE DAY	6
CHICKEN WINGS WITH DIPPING SAUCE	9	CLASSIC CAESAR SALAD	9
MOZZARELLA STICKS WITH MARINARA	9	add Chicken	11
CHICKEN TENDERS WITH DIPPING SAUCE	8	HOUSE SALAD	6
		CROSS COUNTRY CHILI	9
		with honey glazed corn bread	

### HALF PIPE HOT SANDWICHES

ROASTED VEGETABLE PANINI	12
Green & gold squash, portabella mushrooms, red onions and roasted peppers with pesto and mozzarella cheese	
OPEN-FACED ROAST BEEF	12
With sautéed peppers, onions, 1000 island dressing, melted swiss and cheddar cheese on a panini	
SUNRISE REUBEN	12
Sliced corn beef with sauerkraut and melted Swiss cheese, with Russian dressing on rye bread	
THE GLADES GRILLED CHEESE	9
Melted cheddar cheese on your choice of bread	

### FREESTYLE COLD SANDWICHES

BACON, LETTUCE & TOMATO	10
With mayonnaise on your choice of toasted bread, add turkey	
HAM & SWISS BAGUETTE	12
With lettuce, tomato, and roast garlic almond butter	
ROASTED TURKEY WHOLE WHEAT WRAP	12
With cranberry mayonnaise, lettuce, tomato and apples	
ROASTED BEEF SANDWICH	12
Caramelized onions, lettuce, tomato and horseradish sour cream on whole wheat	

## BOOTS AND BOARDS

<b>DAILY CHEF DISHES</b>	<b>11</b>
An ever-changing mix of creative ingredients! Ask your server about today's specials	
<b>CHICKEN &amp; BISCUITS</b>	<b>12</b>
Homemade chicken stew thickened with a blend of vegetables, roasted chicken, and served over a buttery biscuit	
<b>CHICKEN PARMESAN</b>	<b>11</b>
Breaded fried chicken tenders smothered in marinara sauce and mozzarella cheese on a round roll	
<b>ALPINE BURGER</b>	<b>11</b>
8oz Angus beef burger served with lettuce, tomato, and red onion, cooked the way you like it add cheese	
<b>SUNRISE CHICKEN SALAD WRAP OR SANDWICH</b>	<b>12</b>
Tender poached chicken breast with rosemary, celery, onion, mayonnaise, lettuce, and tomato	
<b>PULLED PORK SANDWICH</b>	<b>12</b>
Slow cooked pork simmered in Carolina BBQ Sauce, served on a hoagie roll with homemade coleslaw	
<b>FALAFEL &amp; PITA</b>	<b>11</b>
Homemade chickpea falafel with tziki, lettuce, tomato and red onion	

### BEVERAGES

SODAS, ICED TEA & JUICE	2 <sup>50</sup>
COFFEE/HOT TEA	2 <sup>50</sup>
GATORADE	2 <sup>50</sup>
SARANAC ROOT BEER	2 <sup>50</sup>
BOTTLED WATER	1
MILK, CHOCOLATE MILK, HOT CIDER & HOT CHOCOLATE	2 <sup>50</sup>

### COOKIES TO GO! 2<sup>50</sup>

**\*All sandwiches served with Lays Potato Chips and a pickle**

The Vermont Department of Health advises: consuming raw or undercooked meats, poultry, seafood and shellfish may increase your risk of food borne illness, especially if you have certain medical conditions.